



WELLINGBOROUGH PARTNERSHIP

the Local Strategic Partnership for Wellingborough

Wellingborough Partnership Health and Wellbeing Steering Group Minutes of the Meeting held on Thursday 3 March 2008 at 3 pm in York House, Isebrook Hospital, Wellingborough

Draft to be approved at the next meeting.

Present:	JohnHughes	Northamptonshire Teaching Primary Care Trust (NTPCT) (Chair)
	Anne Morris	Childrens Centre Manager
	Moira Hope	Healthy Promotion Officer
	Jonathon Ward-Langman	Northamptonshire County Council
	Cathy Fountain	Age Concern
	Val Wise	Age Concern
	Hugh Fenton	Wellingborough Partnerships
	James Borrow	Wellingborough MIND
	Jo Newberry	Northamptonshire Sport
	Shivani Pounji	Northamptonshire Sport
	John Wevill	Age Concern
	Cheryl Bird	Minute Taker

Item No	Subject	Action
1.	<p>Welcome and Introductions</p> <p>John Hughes opened the meeting and welcomed everyone present. Members introduced themselves prior to the commencement of the meeting.</p>	
2.	<p>Apologies</p> <p>Apologies were received from Stephanie Canning, Mary Mcgorry, Janet Sanders, Richard Fraiel, and Natasha Saddington.</p>	
3.	<p>Minutes of the Previous Meeting</p> <p>Amendments are to be made to the previous minutes dated 10 December 2007. The minutes will then be agreed as an accurate record.</p>	CB
4.	<p>Matters Arising (not covered elsewhere on the agenda):</p> <p>i. Older Peoples Health Forum Shavian Punjab was able to give contact details of a Age Concern Representative to members present wishing to seek advice with issues on Older Peoples Forums</p>	

	<p>Cathy Fountain highlighted that one of the biggest issues which needs to be addressed is anger management and more funding would be needed.</p> <p>Targets are now going to be Sports driven rather than cultural and the group felt that there still needs to be a form of cultural targets set, as well as other fitness programmes to be encouraged such as dance which is very popular within the Asian community.</p> <p><u>Building Safer Communities</u> The LAA is looking at ways in reducing the availability of alcohol in the Wellingborough area. Now Wellingborough town centre has become an alcohol free zone the number of violence incidents has reduced, and these incidents are moving to others areas outside the town centre.</p> <p>The members of the group were advised that there was a lack of young people being referred with drug problems, with only 1% of referrals coming from agencies and most cases being self-referrals.</p> <p><u>Improved Life Chances for Children and Young People</u> There was poor use of mental health schemes currently for young people.</p> <p>There needed to be more concentration of issues such as Teenage pregnancies rates and obesity in children.</p> <p>The group agreed that rather than dealing with children individually that it would be more beneficial to look at the family as a whole and to bring more agencies on board. The children centres in Wellingborough were currently developing supporting Healthy Living for the whole family through their centres and looking at target groups.</p> <p><u>Improved Adult Health and well-being</u> The group discussed whether the targets for smoke free homes should be county wide. The Kick smoking in to touch campaign would now be incorporated with the Smoke Free Homes, with a revamped scheme for adults as well as children and young persons. The awards would continue to stay as gold, silver and bronze. Discussions are on-going with other partners to try to include environmental officers and housing associations being able to play a more active role in encouraging smoke free homes with a need to be family focused rather than individual based. The NHS smoking Cessation campaign will still be promoted in Wellingborough.</p> <p>It was reported to the group that there is still a shortage of NHS dentists within Wellingborough with instances of older people being removed from NHS lists and having difficulty registering with new NHS dentists. This has an impact on detections of certain medical conditions such as throat or mouth cancer, which tend to be primarily detected by dentists. JH indicated that his concern was known to the PCT and would be addressed in the medium term.</p> <p>J W-L informed members of the issues surrounding the introduction of Individual Budget Allocation to Social Services clients. It was noted that not all clients eligible would be able to cope with handling their individual budgets and</p>	
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	<p>relevant agencies would not have the funding or manpower to cope, as it is not seen as a government priority. But there was a potential for Wellingborough to prosper with this scheme due to the established organisations, and that clients would be able to take the initiative to decide which resources they would need, and so aid them to live independently.</p> <p>Moira Hope advised that Health Trainers have now been recruited and will be based in libraries within the communities, to give support and advice with bringing the Healthy Lifestyles program in the neighbourhood communities. Lisa Bowman is leading the initiatives for Health Trainers and 22 April 2008 being the open date for the well-being centres. JH is to collate information on Health Trainers for discussion at the next meeting.</p> <p><u>Stronger and Local Community</u> HF advised there had been a 70% shift towards the use in Connects buses. These buses are easily accessible to wheelchairs and pushchair users.</p>	JH
6.	<p>Partnership Working Feedback</p> <p>The report tabled by Stephanie Canning was noted. In her absence Moria Hope gave a brief overview. The Hemmingwell Health Fair will take place on the 18 March 2008 at the Hope Centre. There would be lots of activities taking place such as:</p> <ul style="list-style-type: none"> • Promoting Health • Exercises classes • Relaxation Classes • Promotion stands by various organisations. <p><u>Body for Life</u> The Northamptonshire PCT is offering a scheme targeting 8 to 13 year old children suffering from obesity. Children identified by school nurses are invited to attend a twelve week - long program with their families during term times. It is hoped free month swimming passes offered to children and free gym passes offered to parents will encourage their attendance. This scheme will be operated at the Wendell Centre and Redwell centre in Wellingborough. Indicators are due to be changed to include the age groups of 5 to 15 year olds.</p> <p>Funding has also been secured for an age progression camera, which will target schools and colleges in the Spring term.</p> <p><u>Building Capacity for Life</u> Val Wise gave a brief overview on this item. £250000 has been received in funding and there will be three managers and three co-ordinators throughout the county who will work closely with other agencies and the Northamptonshire PCT. They will work with any age group within the community and will help to achieve LAA targets in particular with:</p> <ul style="list-style-type: none"> • Reducing admissions in over 65's • Healthy eating • Promoting breast feeding • Smoking cessation • Exercising <p>Volunteers will be recruited in an effort to continue the work on a long term</p>	

	<p>basis.</p> <p><u>Fit as a Fiddle</u> Cathy Fountain gave a brief overview on the Fit as a Fiddle campaign, which replaced the previous Get Set Go campaign and has received lottery funding of 14% for Wellingborough and 60% for Corby. It will work across communities in association with various medical professions giving advice and delivering twelve week programmes concerning:</p> <ul style="list-style-type: none"> • Health and Equalities • Mental Health • Diabetes • Heart Disease • Cancers • Dental advice • Relaxation courses. • Exercise classes. 	
7.	<p>Children Centre Update</p> <p>Anne Morris provided an update on the children's centres. The Oakway Children's Centre opened on the 14 February 2008 and was offering a full list of activities. There was no indication yet on when the phase three centres will be extending the services already offered</p>	
8.	<p>Any other business</p> <p>Shivani Pounji made the members aware that from April she would be freelance, and also gave a brief update on activities currently being delivered such as: Exercising for Teenage Mums</p> <p><u>Wellingborough Education Partnerships</u> Hugh Fenton advised that head teachers from schools within Wellingborough are now working together to try and tackle the low achievement rates within the town; by meeting once a week to discuss issues and to design action plans.</p> <p><u>Youth Strategy Action Plan</u> Hugh Fenton advised the members on the Youth Strategy Action Plan. A number of Youth Centres are coming on board with the scheme and the strategy will be passed within the next few weeks, also a Children and Change Manager has been appointed.</p>	
13.	<p>Date and Time of Next Meeting</p> <p>The next meeting will be held on Monday 9 June 2008 at 11.00 a.m. The venue for this meeting will be York House, Isebrook Hospital, Wellingborough.</p>	All to note