



WELLINGBOROUGH PARTNERSHIP

the Local Strategic Partnership for Wellingborough

**Healthier Task Group
Meeting on Thursday 4 September 2008 at 2.00 pm
in York House, Isebrook Hospital, Wellingborough**

Draft to be approved at the next meeting.

Present:	John Hughes	Northamptonshire tPCT (Chair)	JH
	Hugh Fenton	Wellingborough Partnerships	HF
	Chris Hill		CH
	Paul Howard	Provider Services	PH
	John Wevill	Age Concern	JW
	Cathy Fountain	Age Concern	CF
	Phil Townson	Environmental Officer	PT
	Cheryl Bird	Minute Taker	CB

Item No	Subject	Action
1.	<p>Welcome and Introductions</p> <p>John Hughes opened the meeting and welcomed everyone present. Members introduced themselves prior to the commencement of the meeting.</p>	
2.	<p>Apologies</p> <p>Apologies were received from Matthew Beams, Chris Hill, Moira Hope, Jackie Brown, M Thomas, Marilyn Ellson, Michael Robinson, Jim Danks and Bev Ward.</p>	
3.	<p>Minutes of the Previous Meeting</p> <p>It was noted that Fit as a Fiddle would not be finishing in July 2008. Subject to that the reminder of the minutes of 24 June 2008 were agreed as an accurate record.</p>	
4.	<p>Matters arising (not covered elsewhere on the agenda):</p> <p><u>PCT/NHS Review Update</u></p> <p>The group reviewed the Building a Healthier Northamptonshire PCT newsletter. The strategy document is a brief statement, with the vision to get people to change their lifestyles and take responsibility for the quality of their life.</p> <p>JH advised the group that this three part vision strategy has always been the direction in which the NHS wished to proceed and for this strategy to work there needs to be good communication and co-operation with all the partnerships such as councils. Now more than at any other time the NHS will be assessed on how well they this strategy is implemented. On the 15th November 2008 the NtPCT will be assessed and they will have to prove that</p>	

	<p><u>Health Trainers Update</u></p> <p>Two Health Trainers are already in post, with recruitment for more Health Trainers are under way, it was recognised there is a need for more health trainers to be recruited, particularly from the different cultures within in the county. Health Trainers are currently based within Libraries throughout the county, which mean they can be quite isolated with a need for them to be engaging in the community more. It has been identified that Health Trainers need to have training about how to engage with the public and how to deliver health education in to the communities. Health Visitors may become involved in delivering training to Health Trainers and it would be beneficial for the two professions to work more closely to identify members of the community that need education with healthy living.</p> <p>It is hoped that the Health Trainer Co-ordinator could to attend future meetings to provide updates on Health Trainers. JH will to speak to Fiona Grant about this.</p>	JH
5.	<p>Update on Healthy Schools Programme</p> <p>In DW's absence PH gave the group a brief overview of progress to date. The Healthy Schools Programme is doing well and the team is now recruited to full strength. Targets are currently being met for Schools to join the programme, and participate in the objectives of the programme Healthy Diet and Exercise.</p> <ul style="list-style-type: none"> • 319 schools registered in the county, with 188 achieving Healthy Schools status. • 81 schools registered, working towards achievement. • 26 Schools were registered but not currently working towards • 24 schools currently had not involvement with the programme. <p>PH has forwarded the Healthy Schools data tables (appendix a), for the seven districts which will be sent out with the minutes to members of the group and to the Health Improvement Officers within the county.</p>	
6.	<p>Terms of Reference</p> <p>The Terms of Reference were agreed by the Group and ratified.</p>	

7.	<p>Sustainable Communities Strategy</p> <p>HF advised the group the consultation community plan will be finished at the end of the month and stressed that this is not a strategic plan. There had been less than 50 responses from Wellingborough residents with there being some discrepancies, either the proposal is already being done or it is not within the LSP's remit.</p> <p>A review of the structures of the LSP and how they deliver strategies had been carried out and a number of groups will be reformed. The Health and Well Being Group will stay the same, but targets will need to be set by the end of October 2008. HF will forward LA Action plan to members of the group. JH will nominate leads to produce templates and action plans.</p>	HF JH
8.	<p>Health Improvement Update</p> <p>The process within Wellingborough for groups to be self managed was under way and is going well, but there is a need for more training to be delivered to generate interests in these groups i.e. Healthy Walkers.</p> <p>PT attended the Health and Well being Charter Launch and recognised that the necessity for Wellingborough to raise standards, as Wellingborough needs to improve on health recognition and health promotion issues but funding is limited. These issues were highlighted in the Public Health Annual Health Report 2007/2008. PT asked if Stephen Horsley would consider making a presentation to the committee on Health and Well Bring Charter. John Hughes will ask SH if he would be available.</p> <p>The Borough Council of Wellingborough has issued the PRIDE Mission Statement, "Making Wellingborough a place to be proud of". The priorities are:</p> <ul style="list-style-type: none"> • Promote high quality growth • Reducing crime and anti-social behaviour • Improving life chances for young people • Delivering efficient and responsive services • Enhancing the environment <p>But the PRIDE mission statement does not include physical or mental health within its priorities.</p> <p>PT has sent two reports regarding the smoking legislation to be forwarded with the minutes to all groups members:</p> <ul style="list-style-type: none"> • WBC Smoke Free Legislation Compliance Report. (appendix b) • WBC Members briefing note, regarding smoking legislation. (appendix c) <p>PH informed the group the Community Weight Management Process will run two initiatives:</p> <ul style="list-style-type: none"> • Dealing with children's health by involving the whole family being held at the Hope Centre • For Local Authority Employees being held at Tithe Barn. <p>The Age progression camera has proved successful in health promotions and made a significant impact in raising awareness of unhealthy lifestyles. The Health Bus has received good feed back; by going out in to the community</p>	JH

	it can reach more people.	
9.	<p>Children's Centre Update</p> <p>MR will provide a document for members of the group, and Children's Centre Update will be a regular item on the agenda.</p>	MR
10.	<p>Any Other Business</p> <p><u>Alcohol Awareness</u> PH advised the group about the work Jamie John and Terry Pearson are doing with alcohol awareness. There needs to be a bigger initiative regarding alcohol as not enough was being done to address drinking habits and unhealthy drinking. Two pilots are to be run one at Hemmingwell in Wellingborough and the other at Eastfields in Northampton; these would provide support pathways and referral pathways. The group was advised excessive alcohol consumption increases the risk of:</p> <ul style="list-style-type: none"> • Long term health conditions • Domestic violence • Child abuse • Anti social behaviour <p>There is a need to change attitudes to alcohol drinking and make people aware of the medical issues caused by regular excessive consumption. PT advised that since relaxation in the licensing laws, anti social behaviour had increased in Wellingborough town centre.</p> <p><u>Heartbeat Scheme</u> PT informed the group about the Heart Beat Scheme was being rebranded and re-launched, promoting healthy food options and food hygiene, targeting premises where food was being bought and consumed on. PT will update at the next meeting.</p> <p><u>Healthy Town Status</u> MH made a good bid, but was unsuccessful this time. The panel wished to congratulate MH for the hard work undertaken in preparing the bid.</p> <p><u>Age Concern</u> CF advised that in association with Northampton Dance Academy dance sessions are being organised and volunteers are needed for dance leaders. Also a project is being looked at for offering subsidised swimming lessons for the over 60's. Modern Matrons would be supporting the community with the hope in stopping re-admissions to hospitals. On 19th September there would be a support group meeting at the Well in Wellingborough for Grandparents of people with drug and alcohol problems.</p>	PT
11.	<p>Date of Next Meeting</p> <p>The date of the next meeting will be the 4th December at 2.00 pm; the venue will be the Board Room, York House, Isebrook Hospital, and Wellingborough.</p>	