



WELLINGBOROUGH PARTNERSHIP

the Local Strategic Partnership for Wellingborough

Healthier Group

Thursday 4 December 2008 at 1.30 pm in
York House, Isebrook Hospital, Wellingborough

Present:	John Hughes, Chair	NtPCT
	Matthew Beams	Sure Start
	Denise Birkett	NtPCT
	Jackie Browne	Northamptonshire Sport
	Chris Hill	Northamptonshire County Council
	Moira Hope	Borough Council of Wellingborough
	Mike Prescod	Wellingborough Black Consortium
	Janet Sanders	Homestart
	Phil Townson	Borough Council of Wellingborough
	John Wevill	Age Concern
	Cheryl Bird	Note Taker

Action

1. Welcome and Introductions

John Hughes opened the meeting, welcomed everyone present and introduced the new member of the group, Denise Birkett a representative for Health Trainers within the NtPCT. Members introduced themselves prior to commencement of the meeting.

2. Apologies

Apologies were received from Kate Adamson, Hugh Fenton Cathy Fountain, Paul Howard, Michael Robinson and Dawn Wintle.

3. Minutes of previous meeting: 4 December 2008

It was noted that Jane Sanders was not in apologies, the Community Weight Management Process is for adults only and the Health Bus is not going to Wellingborough. The rest of the minutes were agreed as an accurate record.

4. Matters Arising

Heart Beat Scheme

PT gave an update to the group on the Heartbeat Scheme. Following the re-launch of this scheme earlier in the year there are now approximately 30 premises taking part in the initiative, which is well above the local target set for the year.

The scheme is looked after by the Environmental Health Officers working along side the Health Promotion Officers.

Children's Centre Update

In MR's absence JH presented a report from MR to the group giving a brief update on children centres.

MB advised the group that there are now four children's centres within the Borough of Wellingborough. Invites to tender for a fifth centre had been sent out and a decision will be made in February. NB advised that there was good communication and co-operation between all the children's centres and it is hoped in 2009 to distribute the funding more equally between the centres.

DB advised that currently Health Trainers do not attend children's centres as they are unable to engage with children and their activities. Hemmingwell being the exception with Health Trainers attending there to engage with parents.

The group agreed that Child Health issues needs to be promoted within the PCT Public Health Directorate.

JH advised that child related issues are spread throughout the LAA's and their sub groups.

In early 2009 the DoH will introduce compulsory health checks for the following age groups:

Child	0-5 years
Young People	5 to 15 years
Adult	60 to 75 years.

There is currently a draft program which will be finalised in early 2009. Organisations will place bids with Provider Services to commission these services.

In DW's absence JH advised the group of a report DW had sent regarding obesity, which indicated that children who fall in to the obese category are only picked up in year six. CB to forward report to the group. JH suggested that the group link up with DW to encourage physical activity to be of every day life and that the group link services together. JB advised there was no lead on Childs Physical Activity, but there are lots of different people doing this work. The group noted that the leisure centres within BCW need to do more to encourage physical activity.

CB
All

Health and Well Being Charter

JH advised that all local authority bodies have signed up to this apart from the NBC. Police and the PCT have also signed up, this charter gives the opportunity to know and understand what people need to be healthy including both Physical and Mental Health and the legislation that surrounds it.

5. LAA Template

LAA Action Plan template is submitted to each Wellingborough LSP meeting by the chair of the relevant sub group. JH submitted the group's action plan to the last Wellingborough LSP and it covered six areas. The group reviewed the action plans together. H1: Reduction in obesity amongst primary school children.

The group needs to inform DW of sub groups tackling childhood obesity.

All

H2: Reduction in less than 18's conception rate.

JH advised that there are monies available for projects tackling this issue from the PCT, but the group agreed that they were not aware of this.

H3: Provision of Sexual Health Services Clinic.

Olufunke Adedeji has set up a steering group for Sexual Health in BCW.

H4: Older people achieving through rehabilitation.

NCC is currently producing a strategy where monies will be allocated to pensioners at the lower end of the financial scale. NCC are also producing an intervention strategy and will discuss this with relevant groups nearer the time.

JH to arrange with JD for a representative from NCC to attend these meetings.

JH

H5: Reduction in all age all cause mortality.

JH advised that this is to try and ensure members of the population do not die before their time as a result of being unable to access services. To address these issues and health inequalities within the BCW the capacity of services are being increased particularly within Isebrook hospital.

JH advised the group that these Action Plans affect everyone.

That the PCT will commit funds on a three year basis, not one year as previously.

6. Update on Health Trainers and Healthy Eating Program.

DB gave an update on the progress for Health Trainers so far. There are currently four health trainers already in place within the BCW, with two new appointments starting.

After Christmas there will be a new recruitment campaign for Health Trainers particularly for ethnic backgrounds.

DB

DB will arrange a meeting with MP to discuss how to approach the recruitment campaign in order to generate more interest within the ethnic communities. Along with discussing the training needs for health trainers already in place to enable them to engage the ethnic community more effectively. DB will send person specification for the Health Trainers position to MP.

DB

KA forwarded a Healthy Schools report to JH providing statistics on the Healthy Schools Program. CB to forward round to the group.

CB

DB to arrange a meeting with KA about involving health trainers in this project.

DB

7. Any Other Business

MH advised the group about the Health Check events that had taken place in September. 121 people from the business community attended the Health Check at the Tithe Barn and 20 people from the Hemmingwell area attended the event at the Hope Centre. Those participants with a BMI 25+ were offered the opportunity to attend a free 12 week 10% body weight loss challenge, by encouraging people to lose weight through healthy eating. On average 45 participants attend the business community group, which by week 9 had lost just under 16 st. On average 8 participants attend the Hope Centre group which by week 9 had lost nearly 5st.

There are future events planned:

- 9 January - Health Check Event at Croyland Children's Centre from 10 – 4.00pm. People are welcome to call in anytime for the check.
- 16 January - 10% Challenge programme starts from 10.30 – 11.30 for 12 weeks
- April 2009 – Health Check and 10% Challenge programme planned for businesses and general public at the Tithe Barn.

JH advised that this would be his last meeting due to his retirement in early 2009. The group thanked him for his work over the past year and wished him well.

A new chair for the group will be announced in early 2009, after consultation between the PCT and BCW.

8. Dates and times of next meetings:

Thursday 19th March
Thursday 18th June
Thursday 17th September
Thursday 3rd December

The time will be 2.00 pm and the venue will be the Health Education Suite at Isebrook Hospital, Wellingborough.